

Highlights:

- About 1 in 26 young women aged 15 to 19 gave birth in California in 2004.¹
- After a decade of an increasingly larger youth population, the number and proportion of adolescents is projected to stabilize.²
- Adolescents and young adults have the highest rates of chlamydia and gonorrhea, the most common sexually transmitted infections in California.³
- Adolescent participation in Family PACT, California's family planning program, increased 52% in 5 years.⁴
- Family PACT addresses barriers to adolescent reproductive health care by providing free and confidential services.
- Family PACT helps prevent teen pregnancy and STIs by making information and services available to adolescents.
- Family PACT averted an estimated 43,610 adolescent pregnancies in 2002.⁵
- California's Teen Pregnancy Prevention programs conduct outreach and education regarding Family PACT adolescent services.



University of California San Francisco



Bixby Center for
Reproductive
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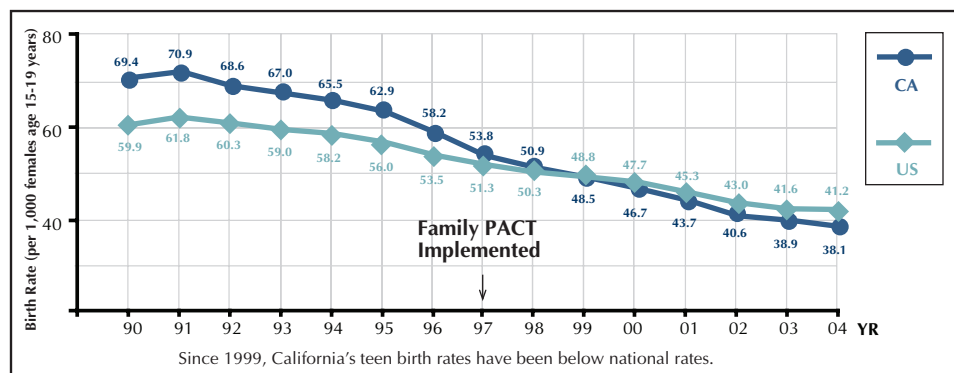
Fact Sheet On Adolescent Services

Background

Adolescence is a time when many young people become sexually active and are at a heightened risk for unintended pregnancy and sexually transmitted infections (STIs).

- California's 2004 teen birth rate has reached a record low of 38.1 births for every 1,000 females ages 15-19 and remains below the national average.¹

Trends in California and U.S. Teen Birth Rates, 1990-2004¹



- The proportion of adolescents to the total population is projected to stabilize over the next decade; however, Latino adolescents are projected to increase from 44% of the adolescent population in 2004 to 49% by 2015.²
- Teen birth rates are the highest among Latinas at 64.3 births per 1000 and the lowest among Asian/Pacific Islanders at 12.2 births per 1000.¹
- Among adolescents who recently gave birth, 72% of pregnancies were unintended.⁶
- Two-thirds of all chlamydia cases and half of all gonorrhea cases reported in California occur among youth under 25 years of age.³
- Cost and confidentiality are key barriers for adolescents in obtaining reproductive health care.⁷

Family PACT Program

In response to these challenges, California has made important investments to prevent teen pregnancy. The Family PACT Program provides clinical services for family planning and reproductive health at no cost to low-income adolescents and adults. Residents are eligible if they are at risk of pregnancy or causing pregnancy, have a gross family income at or below 200% of the Federal Poverty Level, and have no other source of health care coverage for family planning services. Eligibility for adolescents is not based on parental income and by law parental consent is not required. Family PACT is complimented by the State's Teen Pregnancy Prevention programs (TPPs). These programs offer outreach and education for adolescents as well as encourage male and parental involvement. TPPs partnership with Family PACT providers ensures participants are referred to clinical services when needed. Family PACT services include:

Services

- Pregnancy testing
- Contraceptive methods & supplies
- Emergency contraception
- Education & counseling
- Periodic physical exam
- STI testing & treatment
- HIV screening
- Referrals for services not covered by the program

Outreach and Training

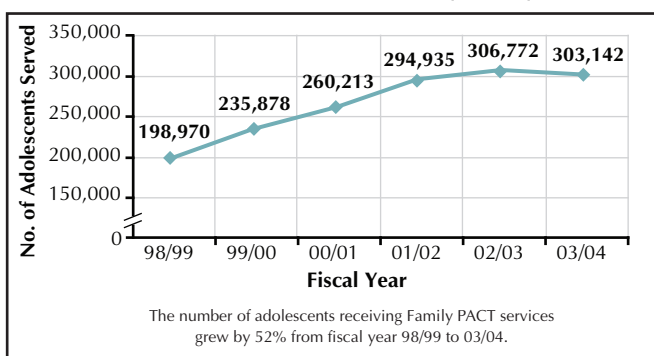
- Community awareness activities to promote linkages between community-based organizations and Family PACT providers.
- Recruitment and training of providers willing to serve teens.
- Training and technical assistance in providing family planning services to adolescents.

Service Utilization⁴

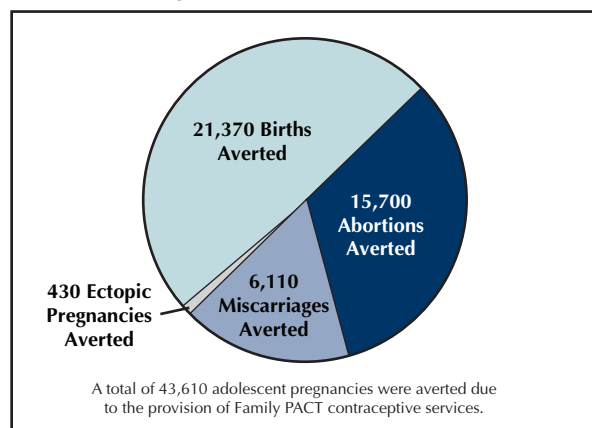
In fiscal year 03/04:

- 37% of adolescents received oral contraceptives, 13% received contraceptive injections and 29% received emergency contraception.
- 58% of female adolescents and 67% of male adolescents obtained barrier methods, such as condoms.
- 58% of adolescent clients were tested for STIs.
- 75% of adolescent clients received services at public providers, which include teen clinics and other community-based health centers; one-quarter were served by private providers.

Trends in Adolescent Clients Served by Family PACT⁴



Averted Outcomes of Unintended Pregnancies among Adolescent Females in 2002⁵



Demographic Characteristics⁴

- One out of every five Family PACT clients is under 20 years old.
- Young men constitute 10% of all adolescent clients.
- 70% of adolescent clients report English as their primary language and 26% report Spanish.
- 50% of adolescent clients in Family PACT are Latinos; whereas, 44% of California's adolescent population is Latino.

Race/Ethnicity of Family PACT Adolescent Clients Compared to California's Adolescent Population^{2,4}

Race/Ethnicity	Family PACT FY 03/04	California 2004
Latino	50%	44%
White	31%	34%
African American	8%	8%
Asian, Filipino and Pacific Islander	7%	10%
Native American and Other	4%	4%

Conclusion

Family PACT represents an important opportunity for an adolescent to establish his or her own relationship with a personal clinician prior to the start of sexual activity thereby improving reproductive health outcomes. After a decade of a growing youth population, the proportion of adolescents age 13-19 is projected to stabilize; however there will be an increased proportion of Latina youth who have had the highest birth rates among all race/ethnic groups.² While teenage pregnancy and STIs will continue to be major health challenges for the State, Family PACT's confidential, comprehensive, no-cost services for adolescents represent an important investment in California's future.

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Email: FPACTeval@obgyn.ucsf.edu
Websites: ReproHealth.ucsf.edu and FamilyPACT.org

1 California Department of Health Services, Maternal, Child & Adolescent Health/Office of Family Planning Branch, February, 2006. California data sources: Birth Statistical Master Files; State of California Department of Finance population data. U.S. data sources: years 1970-2002; National Vital Statistics Report, Vol. 52, No. 10, December 17, 2003. Years 2003 & 2004; National Vital Statistics Report, Vol. 54, No. 8, December 29, 2005. *The 2004 U.S. rate is preliminary.

2 State of California, Department of Finance, Race/Ethnic Population with Age and Sex Detail, 2000-2050. Sacramento, CA, May 2004.

3 Provisional data, State of California, Department of Health Services, STD Control Branch. Sexually Transmitted Disease in California, 2004. Sacramento, CA; March 2004.

4 Family PACT data presented in this fact sheet are drawn from Family PACT Annual Program Report, Fiscal Year 2003/2004.

5 Brindis, C.D.; Amaral, G.; Foster, D.G.; and Biggs, M.A. Cost-benefit Analysis of the California Family PACT Program for Calendar Year 2002; A UCSF Report to the State of California Department of Health Services, Office of Family Planning; January 2005.

6 California Department of Health Services, Maternal, Child and Adolescent Health/Office of Family Planning Branch (2006); Maternal and Infant Health Assessment (MIHA), 2004; Unpublished analysis of raw data for adolescents ages 15-17, February 2006.

7 Hock-Long, L. et al. Access to Adolescent Reproductive Health Services: Financial and Structural Barriers to Care. *Perspectives on Sexual and Reproductive Health*. 35:3 144-147. Guttmacher Institute. 2003.